

# Facility Rules

- Swimming is not permitted when there is no lifeguard on duty.
- Patrons must shower before entering the pool. Patrons with open cuts, sores, bandages, colds, coughs or infected eyes are not to swim.
- Spitting, spouting or nose-blowing in the pool is strictly prohibited.
- Children under 14 years of age must be accompanied by and under the direct supervision of a caretaker 16+ years.
- If there is no parent present, there is a limit of three children per caretaker.
- Glass in any form is not permitted in the aquatic facility.
- Socializing with on-duty lifeguards is prohibited.
- With the exception of service pets, animals are not allowed at the aquatic facility.
- The aquatic facility and the surrounding area will be cleared of all persons during squalls and thunderstorms for a period of 30 minutes or longer, depending if the storm continues. **No refunds will be given if the facility closes due to weather**
- The aquatic facility and its employees are not responsible for lost or stolen items.
- Climbing on the lifeguard stands or using lifeguard equipment is strictly prohibited.
- Aquatic facility employees must be obeyed at all times. They have the authority to suspend privileges for repeat violations of the rules and regulations. Continued misbehavior will result in the forfeiture of membership with no refund.
- Swim diapers **are required** for those not toilet trained. Regular disposable or cloth diapers are not permitted in any of the pools. Swim diapers are available for purchase at the front desk.
- All diving will be a forward jump, i.e., a forward dive straight off the diving board with one bounce.
- Back dives and dives with flips, rotations, tricks/etc are prohibited.
- All patrons under the age of 12 years must pass a swim test to use the diving board and slide in the competition and leisure pools.
- **All slide riders, regardless of age, must be 48" tall per manufacturer regulations**
- All patrons of Lap Swim, Water walking, Aqua Zumba, etc. must be at least 16 years or older to participate - children are not to be left unattended while a member participates in any program
- Patrons who appear to be under the influence of narcotics or alcohol will not be allowed in or near the aquatic facility.
- Goggles covering the nose, snorkel gear, fins/flippers are prohibited
- Prolonged breath holding and similar games are prohibited
- **NO** floats, tubes or water floatation devices are allowed in the competition pool and leisure pool with exception of the approved tubes for the lazy river.
- **NO** running, walk at all times.
- **NO** eating, drinking or gum chewing permitted inside pools. Trash is to be thrown away in marked receptacles.
- **NO** open flames permitted (portable grills, etc.)
- **NO** glass items.
- **NO** portable radios, televisions or music devices are permitted  
(*except small devices equipped with headphones*)
- **NO** pushing, dunking, or excessive splashing
- **NO** loud, boisterous, or unruly conduct or behavior, including foul language
- **NO** smoking or alcoholic beverages of any kind
- **In the event of a combination of the following circumstances, the aquatic facility reserves the right to close the pools:** low attendance, inclement weather, staffing availability and private events.

By entering the facility you are agreeing to these Rules and Regulations. The staff reserves the right to enforce additional rules not mentioned above to ensure the safety and security of all patrons.

**ANYONE VIOLATING THESE RULES ARE SUBJECT TO DISCIPLINE UP TO AND INCLUDING REMOVAL FROM THE MENLO AQUATICS CENTER FOR THE SEASON**